

BlueCross Pennsylvania Capital

<https://www.capbluecross.com/> (Link to site only)

- BMI of 40 or greater OR BMI 35-39 with co-morbidities such as hypertension, cardiovascular heart disease, dyslipidemia, diabetes mellitus type II and sleep apnea
- Documentation of patient participation in and meet the criteria of a structured nutrition and exercise program. The nutrition and exercise program must be supervised and monitored by a physician working in cooperation with dietitians and/or nutritionists; and must be for a cumulative total of 26 weeks or longer in duration within the past 12 months prior to the surgery. The patient's participation must be documented in the medical record by the attending physician who supervised the patient's progress. A physician's summary letter is not sufficient documentation. Documentation should include medical records of the physician's on-going assessments of the patient's progress throughout the course of the program
- 18 years of age
- Psychological evaluation
- Nutritional evaluation
- Gastric bypass procedure is covered, Lap-band procedure is not covered